

#### About this Unit

Children will develop their understanding of playing games through the topic of 'transport'. Children will practise and further develop fundamental movement skills through games. They will also learn how to score and play by the rules, how to work with a partner and begin to understand what a team is, as well as learning how to behave when winning and losing.



#### Communication and Language

#### Key Vocabulary

catch	safe	stop
caught	safely	team
jog	score	throw
rules	space	turn
run		

If children enjoy this unit why not see if there is a multi sports club in their area.



#### Ladder Knowledge



#### Running:

Children will learn to use big steps to run and small steps to stop.

#### Throwing:

Children will learn to point their hand at their target when throwing.

#### Catching:

Children will learn to watch the ball and have hands out ready to catch.

#### Tactics:

Children will learn to make simple decisions in response to a task.

#### Rules:

Children will learn that rules help them to stay safe.

#### Personal, Social and Emotional

#### This unit will develop the following skills:

#### Social Emotional Thinking

work safely, communication, co-operation, support and encourage others  
confidence, honesty, determination, manage emotions  
comprehension, decision making

#### Physical Development

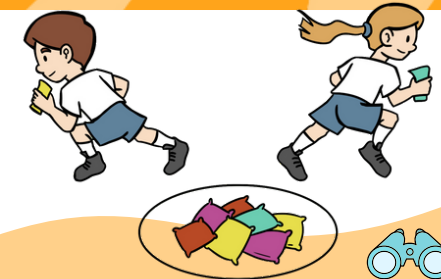
#### Physical Skills

- run
- balance
- change direction
- throw
- catch



Children will be taught to:

- Move around safely and with control.
- Have an awareness of others and items in the teaching space.
- Take turns when instructed.
- To store equipment safely when not in use.



#### Home Learning

Find more games that develop these skills in the Home Learning Active Families tab on [www.getset4education.co.uk](http://www.getset4education.co.uk)

#### Shadow tag

**What you need:** A sunny day, two plus players, two socks (optional)

#### How to play:

- First, find your shadow. Change direction and explore the effect it has on your shadow. Discuss with a family member how the angle of your shadow is affected by the location of the sun.
- Try chasing your own shadow.
- Select one player to begin as the tagger. They tag other players by stepping on their shadow. Once caught players change roles.
- Playing with just two players? First to three tags wins that round. First to win 5 rounds wins the game.
- Change the game by allowing players to throw socks at the shadow instead of stepping on them.



[www.getset4education.co.uk](http://www.getset4education.co.uk)

Head to our youtube channel to watch the skills videos for this unit.



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